WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheesy Margherita Pizza (V) With Beans & Seasoned Dice	Chicken Curry (H, GF) With Steamed Rice & Broccoli	Bangers 'n' Mash With mixed vegetables	Cheesy Pasta Bake With sweetcorn	Fish With chips & mushy peas
MAIN 2	Jacket Potato (GF) With tuna mayo and/or cheese	Quorn Curry (GF) With Steamed Rice & Broccoli	Quorn Bangers 'n' Mash (GF) With mixed vegetables	Jacket Potato (GF) With tuna mayo and/or cheese	Cheesy Jacket (V, GF) With beans
MAIN 3	Sandwiches Ham, Tuna or Cheese	Sandwiches Ham, Tuna or Cheese	Jacket Potato (GF) With tuna mayo and/or cheese	Sandwiches Ham, Tuna or Cheese	Sandwiches Ham, Tuna or Cheese
SIDES	Freshly made salad Coleslaw	Naan Bread & Salad	Freshly made salad	Garlic Bread Salad	Freshly made salad
DESSERT	Iced Smoothie (V,GF) Fresh Fruit or Yoghurt	Cookie, Fresh Fruit or Yoghurt	Carrot Cake, Fresh Fruit or Yoghurt	Angel Delight (V,GF), Fresh Fruit or Yoghurt	Assorted Pudding, Fresh Fruit or Yoghurt

Key: GF = Gluten Free; V = Vegetarian; VE = Vegan